

Mandatory Kit List

BCT can supply by prior agreement only.

Day Walk Kit

- Walking Boots
- Socks & Spare Pair
- Suitable walking trousers
- Spare Warm Layer
- Waterproof Jacket & Bottoms
- Packed Lunch
- Cap
- Small Rucksack for lunch, spare clothes (Can be provided)
- Sun cream
- Asthma Inhalers (if required)

Expedition Kit

- Walking Boots
- Socks & Spare Pairs (2)
- Suitable walking trousers (These can be tracksuit bottoms, cotton however is not great in the wet and gets very heavy).
- Underwear & Night time clothes
- Base Layer x 2 – T Shirt or similar
- Mid Layer – Jumper, Fleece, Tracksuit top or similar
- Outer Jacket – Must be waterproof unless bringing a separate waterproof jacket.
- Hat & gloves – Cap for sunny weather
- Sleeping Bag / Roll Mat
- Headlamp/ Torch
- Packed Lunch & Camp Food
- Wash Kit (Kept to basics)
- Towel – Ideally camping type ones (Lightweight)
- Waterproof Over Trousers
- Asthma Inhalers – Those children who may require them
- Sun cream
- Water Bottle / Bladder (Don't need both as heavy)
- Plate, Knife & Fork Set – Do have spares
- Small quantity of cash (optional)
- First Aid Kit
- Watch (timekeeping important)
- Rucksack
- ALL OTHER KIT WILL BE PROVIDED E.G. TENTS, RUCKSACKS, MAPS & COMPASSES ETC.